



Dermatologists
Your **SKIN**experts
Canadian Dermatology Association
Association canadienne de dermatologie

LET'S WORK AT SUN SAFETY

If you work outdoors, you have a higher risk for developing skin cancer. Protect yourself.

For further information, visit www.dermatology.ca/outdoorworkers

- Seek shade
- Reduce sun exposure
- Wear long sleeved shirts, hats and long pants
- Use an SPF 30 broad spectrum sunscreen.

